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## ABSTRACT OF THE DISCLOSURE

A compound of the formula (I)

(I) wherein  $R^1$  is a protecting group for  $N\alpha$ ,

 $R^2$  is a protecting group for  $N_G,$  and  $R^3$  is aryl, and wherein the compound of formula (I) is a trypsin substrate such that trypsin cleaves the O-C single bond, which liberates  $R^3\text{-OH};$  a diagnostic device comprising same; a method for preparing the diagnostic device; and a method of using the diagnostic device to detect levels of urinary trypsin inhibitor in a biological sample; and a diagnostic kit for detecting levels of urinary trypsin inhibitor in a biological sample.